

Rhymes of the month - December

हरी मटर

हरी मटर का दाना हू
मैं, गोलमटोल गोल गोल,
सर्दियों में आता हू
मैं, सबके मन को भाता हू
मैं, पूड़ी, पराठा, पुलाव, कचौड़ी,
सबकी शान बढ़ाता हू
मैं, बच्चे मेरी चाट बनाते,
आलू, टमाटर और चटनी मिलाते,
रि बड़े मजे उसको खाते।

**Fruits make our body strong
and tough**

Eating fruits make our body strong
and tough,
But eating only few is not enough,
Fruits make us really youth,
By keeping our skin very smooth.

Falling Snow

See the pretty snowflakes
Falling from the sky,
On the wall and housetops
Soft and thick they lie.
On the window ledges
On the branches bare,
Now how fast they gather
Filling all the air
Look into the garden
Where the grass was green
Covered by the snowflakes
Not a blade is seen
Now the bare black bushes
All look soft and white
Every twig is laden
What a pretty sight!

<https://www.youtube.com/watch?v=N6nUOocqVPo>

Rudolph

Rudolph, the red-nosed reindeer
Had a very shiny nose
And if you ever saw it
You would even say it glows
All of the other reindeer
Used to laugh and call him names
They never let poor Rudolph
Join in any reindeer games
Then one foggy Christmas eve
Santa came to say (came to say)
"Rudolph, with your nose so
bright
Won't you guide my sleigh
tonight?"
Then how the reindeer loved him
As they shouted out with glee
Rudolph, the red-nosed reindeer
You'll go down in history

<https://www.youtube.com/watch?v=7w7ukSoeBTA>

Colourful Vegetables

So many coloured vegetables
Bring a rainbow on our table
Violet brinjals and yellow corn
Orange carrots and red beet roots
Green capsicums and leafy ones too.
A plateful of colour is good for you.

<https://www.youtube.com/watch?v=k0MRnydoRBY>

सभी फलों में सेब है न्यारा

सभी िलों में सेब है न्यारा,
लाल लाल सा प्यारा-प्यारा। एक
सेब जो रोज है खाता,
डॉक्टर को वो दूर भगाता।
मम्मी मुझको सेब खखला दो,
वरना एप्पल जूस पला दो।

<https://www.youtube.com/watch?v=RDEGgbTUupQ>